

# **Balcarrick Golf Club**

## **Get into Golf Programme**

### **What is the programme about?**

We are inviting people of all ages to join us for a beginners golf programme where you will learn the basics of the game of golf in a relaxed, fun and interactive environment.

The programme will run over 4 weeks and will include lessons from our PGA Professional Iarlaith Keane and time spent on our golf course where you will have “Buddies” to accompany you around the course to help you get familiar with the rules and introduce you to some golf jargon (information below on some golf terminology).

The “Buddies” will consist of existing members of Balcarrick Golf Club so they will also be able to help inform you of the course layout and shot selection (e.g. which club to hit, what hazards to avoid etc)

By the end of the programme, you will be able to confidently strike the golf ball and will hopefully be developing a love for the game that your fellow golfers have.

### **Do I need to have my own golf clubs or other equipment?**

No. Equipment will be provided to you for the course of the programme. But if you do have your own golf clubs we would advise that you bring them along to use during the programme.

Any other practice equipment will be provided by Balcarrick Golf Club.

### **Is there a dress code?**

Yes, but you will not have to buy “golf clothes” for the programme. Neat casual clothing is perfectly suitable. There are rules related to dress codes in golf but these apply to play on the golf course so don't apply to our Get into Golf introductory programme.

### **I am a “lapsed” golfer. Can I apply?**

Yes. This programme is specifically designed to encourage new golfers/beginners to learn the basics and start playing the game. However, if you are returning to the game after a lengthy period away from playing, you are very welcome to join the programme and start again at the most basic level.

## **Will I get a handicap on completion of the course?**

No. For a golfer to get an official handicap they must be a member of a golf club and have returned 3 scorecards. This programme is not a membership offer, however Balcarrick Golf Club does have existing membership offers and are in the process of developing a specific membership deal for people who complete our Get into Golf programme so there will be opportunities to get an official handicap at the end of the programme.

If you are interested in becoming a member of Balcarrick Golf Club, please visit our website @ <https://www.balcarrickgolfclub.com/memberships/>, phone 01-8436957 or email [BalcarrickGCADM@outlook.com](mailto:BalcarrickGCADM@outlook.com) and one of our team will be able to inform you of your options.

## **Any questions?**

For any other questions related to our Ladies Get into Golf Programme, please contact Marie on 086-2371233 or email [icbaltarrick@gmail.com](mailto:icbaltarrick@gmail.com) and we will be happy to respond to any queries you may have.

**Happy Golfing** 😊

# Basic Golf Terminology

Like most sports, golf has plenty of terminology attached to it. These are some of the basic terms you will come across regularly during a round of golf.

## The Course

**Tee/Tee Box:** The tee box is the starting point of every hole on the golf course, the place from which golfers play the first stroke (Tee Shot) of each hole.

**Fairway:** The fairway is the neatly maintained grass between the Tee and the Green

**Rough:** The rough is the taller grass that borders the fairway

**Green:** The smooth grassy area at the end of the fairway, specially prepared for putting.

**Flag/Flag Stick:** The flag is the marker for the holes on the golf course. The flag is positioned on the Green.

**Penalty area:** Penalty areas are bodies of water or other defined areas where a ball is often lost or unable to be played. Penalty areas are usually defined by Red or Yellow stakes surrounding them.

**Bunker:** Bunkers are shallow pits filled with sand, from which the ball is more difficult to play than from the grass.

**Out Of Bounds:** This is any area beyond the boundaries of the golf course. Out of bounds is usually marked by White Stakes, a golf ball coming to rest outside of the White Stakes is deemed to be out of bounds.

## Scoring

**Par:** Par refers to the number of shots a golfer is expected to need to complete the play on one hole on a golf course. Every hole on a golf course is rated as either a par-3, par-4 or a par-5.

- On a par-3 a golfer is expected to need 3 shots to complete the hole.
- On a par-4 a golfer is expected to need 4 shots to complete the hole.
- On a par-5 a golfer is expected to need 5 shots to complete the hole.

**Birdie:** A Birdie is a score of 1 under par on a hole.

**Eagle:** An Eagle is a score of 2 under par on a hole.

**Albatross:** An Albatross (A.K.A a Double Eagle) is a score of 3 under par on a hole.

**Bogey:** A Bogey is a score of 1 over par on a hole.

**Double Bogey:** A Double Bogey is a score of 2 over par on a hole.

**Triple Bogey:** A Triple Bogey is a score of 3 over par on a hole.

**Hole in one:** Hitting the ball into the hole in 1 stroke. Also known as An Ace.

**Handicap:** A system used to rate the average number of strokes above par a player scores in one round of golf. We could talk about the handicapping system forever, but this is enough information for now.

## **Gameplay**

**FORE!:** A warning that is shouted (at the top of your voice!) if a ball is heading toward another person on the golf course. This can be shouted as "*FORE LEFT*" or "*FORE RIGHT*" as an indication of the direction of the ball.

**Drive:** Used to describe a golfer's first shot from the tee box on every hole.

**Approach:** The shot taken by a player from the Fairway to the Green

**Pitch:** A relatively short shot, usually played with less than a full swing.

**Chip:** A short shot (shorter than a Pitch), usually played onto the green to get the ball as near to the hole as possible.

**Putt:** Any shot taken with the putter when you are on the Green.